

<b>Klokkeslett</b>	<b>Øvelse</b>	<b>Klasse</b>
13:00	Høgde	J-10, J-11, J-12
13:00	Kula	G-14, G-16, G-18/19, MV, J-14
13:00	60m - heat 1	G-6 (2019), G-7 (2018)
13:05	60m - heat 2	G-8 (2017)
13:10	60m - heat 3	G-8 (2017)
13:15	60m - heat 4	G-9 (2016) + G-10 (2015)
13:20	60m - heat 5	G-10 (2015) + G-11 (2014)
13:25	60m - heat 6	G-12 (2013)
13:30	60m - heat 7	G-12 (2013) + G-13 (2012)
13:30	Høgde	G-8, G-9, G-10 (2015-2017)
13:35	Kula	G-12, G-13 (2012-2013)
13:35	60m - heat 8	G-14 (2011)
13:40	60m - heat 9	G-16, G-17, G-18/19
13:45	60m - heat 10	J-6 (2019), J-7 (2018)
13:50	60m - heat 11	J-10 (2015)
13:55	60m - heat 12	J-11 (2014), J-12 (2013), J-14 (2011)
14:10	Kula	J-7, J-10, J-11, J-12, G-6, G-7, G-11
14:30	Lengde	J-6, J-7, J-10, J-11, J-12, J-14, G-6, G-7, G-14, G-16
14:30	Høgde	G-11( 2014), G-12 (2013)
14:45	Kula	G-8, G-9, G-10 (2015-2017)
15:15	Lengde	G-8, G-9, G-10 (2015-2017)
15:15	Høgde	G-13 (2012), G-14 (2011), G-16 (2009), MV
15:45	Lengde	G-11( 2014), G-12 (2013), G-13 (2012)